Northeast Louisiana April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
[2		3		4		5	
Bowtie Pasta w/Meat Sauce	1 cup	Chicken/Sausage Jambalaya	1 cup	Orange Chicken (Bone-In)	1 each	Glazed Ham	3 oz	Sloppy Joe	1/2 cu
Sliced Carrots	1/2 cup	Green Peas	1/2 cup	Brussels Sprouts	1/2 cup	or		Tater Tot Casserole	1/2 cu
Broccoli Florets	1/2 cup	Tossed Salad	1/2 cup	Capri Vegetable Blend	1/2 cup	Glazed Turkey Breast	3 oz	Whole Kernel Corn	1/2 cu
Wheat Roll	1 each	Wheat Bread	1 slice	Dinner Roll	1 each	Baked Sweet Potato	1 each	Hamburger Bun	1 each
Fudge Creme Cookie	1 each	Bread Pudding/Raisin Sauce	1 piece	Lime Gelatin	1/2 cup	Cabbage	1/2 cup	Seasonal Fruit	1 each
Milk	1 each	Milk	1 each	Milk	1 each	Cornbread	1 piece	Milk	1 each
Margarine	1 each	Margarine	1 each	Margarine	1 each	Banana Pudding	1/2 cup	IVIIIK	1 0001
Warganne	1 cacin	Ranch Salad Dressing	1 each	Wargarine	1 Cach	Milk	1 each		
		Ranch Salau Dressing	I Cach			Margarine	1 each		
8		9		10		11 Waigaine	Teach	12	
Picante Chicken	1/2 cup	Swedish Meatballs	6 each	Chicken & Sausage Gumbo	1 cup	Pork Roast	3 oz	Sliced Turkey Breast	2.25 o
	1/2 cup		1/2 cup		1/2 cup		1 oz	-	2.250
Pinto Beans		Egg Noodles		Stewed Tomatoes		Brown Gravy		Or Cliesed Lleves	2.25 o
Corn O'Brien	1/2 cup	Herbed Green Beans	1/2 cup	Summer Vegetable Blend	1/2 cup	Whipped Potatoes	1/2 cup	Sliced Ham	
Flour Tortilla	1 each	Cranberry Juice	1 each	Saltine Crackers	2 pkt	Collard Greens	1/2 cup	American Cheese	1 oz
Seasonal Fruit	1 each	Wheat Bread	1 slice	Pineapple Cake	1 piece	Cornbread	1 each	Spinach Salad	1/2 cu
Milk	1 each	Diced Pears	1/2 cup	Milk	1 each	Marble Pudding	1/2 cup	Coleslaw	1/2 cu
Sour Cream	1 each	Milk	1 each	Margarine	1 each	Milk	1 each	Wheat Bread	2 slice
		Margarine	1 each			Margarine	1 each	Oatmeal Creme Cookie	1 each
								Milk	1 each
								Mayonnaise	1 each
								Ranch Salad Dressing	1 each
15		16		17		18		19	
Teriyaki Meatballs	6 each	Chicken Tenders	2 each	Beef Patty	1 each	Sliced Ham	2 oz	Chicken Chef Salad	1.5 cu
or		Country Gravy	1 oz	Lettuce Tomato Pickle	1/2 cup	Steamed Rice	1/2 cup	Cucumber Salad	1/2 cu
Sweet and Sour Chicken	3/4 cup	Whipped Potatoes	1/2 cup	Baked Beans	1/2 cup	Northern Beans	1/2 cup	Mandarin Oranges	1/2 cu
Steamed Rice	1/2 cup	Creole Green Beans	1/2 cup	Hamburger Bun	1 each	Turnip Greens	1/2 cup	Saltine Crackers	2 pkt
Japanese Vegetable Blend	1/2 cup	Dinner Roll	1 each	Tropical Fruit Crisp	1/2 cup	Fruit Blend Juice	1 each	Graham Crackers	1 pkt
Cranberry Juice	1 each	Seasonal Fruit	1 each	Milk	1 each	Cornbread	1 each	Milk	1 each
Wheat Bread	1 slice	Milk	1 each	Mayonnaise	1 each	Orange Gelatin	1/2 cup	Ranch Salad Dressing	1 each
Banana Moon Pie	1 each	Margarine	1 each	Ketchup	1 each	Milk	1 each	Numeri Suluu Dressing	1 000
Milk	1 each	Marganne	1 cucii	Retenup	1 cuch	Margarine	1 each		
Margarine	1 each					Ivialgarine	1 Cacin		
22	Teach	23		24		25	+ +	26	
Meatballs/Spaghetti Sauce	6 each	Barbecue Riblet	1 each	Glazed Ham	3 oz	Chicken and Dumplings	1 cup	Beef Burgundy	1 each
	1		1 each				· · ·		
Spaghetti Noodles	1/2 cup 1/2 cup	Or Shraddad Darhagua Chickon	1/2 cup	Macaroni and Cheese	1/2 cup 1/2 cup	Whole Kernel Corn	1/2 cup 1/2 cup	Buttermilk Potatoes	1/2 cu 1/2 cu
Italian Vegetable Blend	1 · ·	Shredded Barbecue Chicken		Mixed Greens		Cabbage	· · · · ·	Brussels Sprouts	
Cranberry Juice	1 each	Baked Beans	1/2 cup	Fruit Blend Juice	1 each	Cornbread	1 each	Wheat Bread	1 slice
Dinner Roll	1 each	Coleslaw	1/2 cup	Dinner Roll	1 each	Strawberry Gelatin	1/2 cup	Birthday Cake	1 piec
Seasonal Fruit	1 each	Hamburger Bun	1 each	Pineapple Tidbits	1/2 cup	Milk	1 each	Milk	1 each
Milk	1 each	Mixed Fruit Crisp	1/2 cup	Milk	1 each	Margarine	1 each	Margarine	1 each
Margarine	1 each	Milk	1 each	Margarine	1 each				
29		30							
Beef Taco	1/2 cup	Sliced Turkey Breast	3 oz						
Pinto Beans	1/2 cup	Poultry Gravy	1 oz						
Spring Vegetable Blend	1/2 cup	Steamed Rice	1/2 cup						
Flour Tortilla	1 each	Italian Green Beans	1/2 cup						
Seasonal Fruit	1 each	Orange Juice	1 each					Community Meals	
Milk	1 each	Dinner Roll	1 each						
Taco Sauce Sour Cream	1 each	Butterscotch Pudding	1/2 cup					Nourishment through	
		Milk	1 each					compassionate care.	
		Margarine	1 each						
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Kim Demmest RD, LD

Kim Dommert, RD, LD



Northeast Louisiana May 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1 Chili Dog	1 each	2 Pork Roast	3 oz	3 Oven Fried Chicken (Bone-In)	1 piece
				Diced Onions	1 tb	Brown Gravy	1 oz	Rosemary Carrots	1/2 cup
TRIO				or		Garlic Whipped Potatoes	1/2 cup	Whole Kernel Corn	1/2 cup
				Barbecue Meatballs	6 each	Spinach	1/2 cup	Wheat Bread	1 slice
Community Meals				Baked Beans	1/2 cup	Cornbread	1 each	Seasonal Fruit	1 each
				Coleslaw	1/2 cup	Peaches	1/2 cup	Milk	1 each
Nourishment through				Hot Dog Bun	1 each	Milk	1 each	Margarine	1 each
compassionate care.				Apple Cobbler	1/2 cup	Margarine	1 each		
				Milk	1 each				
6		7		Mustard	1 each	8		10 Matheria Day Mari	
6 Grandma's Chicken and Rice		Beef Patty	1 each	8 Smoked Sausage	2	9 Crashatti Cassarala		10 Mother's Day Meal Baked Chicken (Bone-In)	1 each
Broccoli Florets	1 cup 1/2 cup	Lettuce Tomato Pickle			2 each 1/2 cup	Spaghetti Casserole Whole Kernel Corn	1 cup		
Sliced Carrots		Baked Beans	1/2 cup 1/2 cup	Kidney Beans Steamed Rice	1/2 cup	Green Beans	1/2 cup 1/2 cup	Poultry Gravy Au Gratin Potatoes	1 oz 1/2 cup
Wheat Bread	1/2 cup 1 slice	Hamburger Bun	1/2 cup 1 each	Cabbage	1/2 cup	Wheat Bread	1/2 cup 1 slice	Broccoli Florets	1/2 cup
	1 siice	Hot Spiced Fruit	1/2 cup	Cornbread	1/2 cup 1 each		1/2 cup	Dinner Roll	1/2 cup
Fig Bar Cookie	1 each				1 each	Orange Gelatin Milk			1/2 cup
Milk	1 each	Milk Mayonnaise	1 each 1 each	Rice Krispie Treat Milk	1 each	Margarine	1 each 1 each	Banana Pudding w/Wafers Milk	1/2 cup
Margarine	1 each	Mustard	1 each		1 each	Ividigarine	1 each		1 each
		Iviustaru	reach	Margarine	reach			Margarine	reach
13		14		15		16		17	
Bowtie Pasta w/Meat Sauce	1 cup	Chicken/Sausage Jambalava	1 cup	Orange Chicken (Bone-In)	1 each	Glazed Ham	3 oz	Sloppy Joe	1/2 cup
Sliced Carrots	1/2 cup	Green Peas	1/2 cup	Brussels Sprouts	1/2 cup	or		Tater Tot Casserole	1/2 cup
Broccoli Florets	1/2 cup	Tossed Salad	1/2 cup	Capri Vegetable Blend	1/2 cup	Glazed Turkey Breast	3 oz	Whole Kernel Corn	1/2 cup
Wheat Roll	1 each	Wheat Bread	1 slice	Dinner Roll	1 each	Baked Sweet Potato	1 each	Hamburger Bun	1 each
Fudge Creme Cookie	1 each	Bread Pudding/Raisin Sauce	1 piece	Lime Gelatin	1/2 cup	Cabbage	1/2 cup	Seasonal Fruit	1 each
Milk	1 each	Milk	1 each	Milk	1 each	Cornbread	1 piece	Milk	1 each
Margarine	1 each	Margarine	1 each	Margarine	1 each	Banana Pudding	1/2 cup		
Marganne		Ranch Salad Dressing	1 each	marganne		Milk	1 each		
						Margarine	1 each		
20		21		22		23		24 Memorial Day Meal	
Picante Chicken	1/2 cup	Swedish Meatballs	6 each	Chicken & Sausage Gumbo	1 cup	Pork Roast	3 oz	Sausage/Onions & Peppers	1 each
Pinto Beans	1/2 cup	Egg Noodles	1/2 cup	Stewed Tomatoes	1/2 cup	Brown Gravy	1 oz	Roasted Potato Medley	1/2 cup
Corn O'Brien	1/2 cup	Herbed Green Beans	1/2 cup	Summer Vegetable Blend	1/2 cup	Whipped Potatoes	1/2 cup		1/2 cup
Flour Tortilla	1 each	Cranberry Juice	1 each	Saltine Crackers	2 pkt	Collard Greens	1/2 cup	Hot Dog Bun	1 each
Seasonal Fruit	1 each	Wheat Bread	1 slice	Pineapple Cake	1 piece	Cornbread	1 each	Birthday Cake	1 piece
Milk	1 each	Diced Pears	1/2 cup	Milk	1 each	Marble Pudding	1/2 cup	Milk	1 each
Sour Cream	1 each	Milk	1 each	Margarine	1 each	Milk	1 each		
		Margarine	1 each			Margarine	1 each		
27		28		29		30		31	
		Chicken Tenders	2 each	Beef Patty	1 each	Sliced Ham	2 oz	Chicken Chef Salad	1.5 cup
Closed for Holiday		Country Gravy	1 oz	Lettuce Tomato Pickle	1/2 cup	Steamed Rice	1/2 cup	Cucumber Salad	1/2 cup
		Whipped Potatoes	1/2 cup	Baked Beans	1/2 cup	Northern Beans	1/2 cup	Mandarin Oranges	1/2 cup
		Creole Green Beans	1/2 cup	Hamburger Bun	1 each	Turnip Greens	1/2 cup	Saltine Crackers	2 pkt
		Dinner Roll	1 each	Tropical Fruit Crisp	1/2 cup	Fruit Blend Juice	1 each	Graham Crackers	1 pkt
		Seasonal Fruit	1 each	Milk	1 each	Cornbread	1 each	Milk	1 each
		Milk	1 each	Mayonnaise	1 each	Orange Gelatin	1/2 cup	Ranch Salad Dressing	1 each
		Margarine	1 each	Ketchup	1 each	Milk	1 each		
						Margarine	1 each		1

him Demmest RD, LD

Kim Dommert, RD, LD

Northeast Louisiana June 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		4		5		6		7	
Meatballs/Spaghetti Sauce	6 each	Barbecue Riblet	1 each	Glazed Ham	3 oz	Chicken and Dumplings	1 cup	Beef Burgundy	1 ea
	1/2 cup	or		Macaroni and Cheese	1/2 cup	Whole Kernel Corn	1/2 cup	Buttermilk Potatoes	1/2 0
Italian Vegetable Blend	1/2 cup	Shredded Barbecue Chicken	1/2 cup	Mixed Greens	1/2 cup	Cabbage	1/2 cup	Brussels Sprouts	1/2 c
Cranberry Juice	1 each	Baked Beans	1/2 cup	Fruit Blend Juice	1 each	Cornbread	1 each	Wheat Bread	1 sli
Dinner Roll	1 each	Coleslaw	1/2 cup	Dinner Roll	1 each	Strawberry Gelatin	1/2 cup	Mississippi Mud Pudding	1/2 0
Seasonal Fruit	1 each	Hamburger Bun	1 each	Pineapple Tidbits	1/2 cup	Milk	1 each	Milk	1 ea
Milk	1 each	Mixed Fruit Crisp	1/2 cup	Milk	1 each	Margarine	1 each	Margarine	1 ea
Margarine	1 each	Milk	1 each	Margarine	1 each				
0		11		12		13		14 Father's Day Meal	
-	1/2 cup	Sliced Turkey Breast	3 oz	Chili Dog	1 each	Pork Roast	3 oz	Smoked Sausage	2 ea
	1/2 cup	Poultry Gravy	1 oz	Diced Onions	1 tb	Brown Gravy	1 oz	Kidney Beans	1/2 0
	1/2 cup	Steamed Rice	1/2 cup	or		Garlic Whipped Potatoes	1/2 cup	Steamed Rice	1/2 0
Flour Tortilla	1 each	Italian Green Beans	1/2 cup	Barbecue Meatballs	6 each	Spinach	1/2 cup	Cabbage	1/2 0
Seasonal Fruit	1 each	Orange Juice	1 each	Baked Beans	1/2 cup		1 each	Dinner Roll	1 ea
Milk	1 each	Dinner Roll	1 each	Coleslaw	1/2 cup		1/2 cup	Seasonal Fruit	1 ea
Taco Sauce Sour Cream	1 each	Butterscotch Pudding	1/2 cup	Hot Dog Bun	1 each	Milk	1 each	Milk	1 ea
		Milk	1 each	Apple Cobbler	1/2 cup		1 each	Margarine	1 ea
		Margarine	1 each	Milk	1 each	in a game		marganne	
		marganne		Mustard	1 each				
7		18		19		20		21	
Grandma's Chicken and Rice	1 cup	Beef Patty	1 each	Smoked Sausage	2 each	Spaghetti Casserole	1 cup	BBQ Chicken (Bone-In)	1 ea
	1/2 cup	Lettuce Tomato Pickle	1/2 cup	Kidney Beans	1/2 cup		1/2 cup	or	
	1/2 cup	Baked Beans	1/2 cup	Steamed Rice	1/2 cup		1/2 cup	BBQ Riblet	1 ea
Wheat Bread	1 slice	Hamburger Bun	1 each	Cabbage	1/2 cup		1 slice	Cheesy Whipped Potatoes	1/2 0
Fig Bar Cookie	1 each	Hot Spiced Fruit	1/2 cup	Cornbread	1 each	Orange Gelatin	1/2 cup	Mixed Greens	1/2 c
Milk	1 each	Milk	1 each	Rice Krispie Treat	1 each	Milk	1 each	Dinner Roll	1 ea
Margarine	1 each	Mayonnaise	1 each	Milk	1 each	Margarine	1 each	Seasonal Fruit	1 ea
		Mustard	1 each	Margarine	1 each			Milk	1 ea
								Margarine	1 ea
24		25		26		27		28	
Bowtie Lasagna	1 cup	Chicken/Sausage Jambalaya	1 cup	Orange Chicken (Bone-In)	1 each	Glazed Ham	3 oz	Sloppy Joe	1/2 c
	1/2 cup	Green Peas	1/2 cup	Brussels Sprouts	1/2 cup			Tater Tot Casserole	1/2
	1/2 cup	Tossed Salad	1/2 cup	Capri Vegetable Blend	1/2 cup		3 oz	Whole Kernel Corn	1/2 0
Wheat Roll	1 each	Wheat Bread	1 slice	Dinner Roll	1 each	Baked Sweet Potato	1 each	Hamburger Bun	1 ea
Fudge Creme Cookie	1 each	Bread Pudding/Raisin Sauce	1/2 cup	Lime Gelatin	1/2 cup		1/2 cup	Birthday Cake	1 pie
	1 each	Milk	1 each	Milk	1 each	Cornbread	1 each	Milk	1 ea
	Teach		1						
Milk	1 each	Margarine	1 each	Margarine	1 each	Banana Pudding	1/2 cup		
		Margarine Ranch Dressing	1 each 1 each	Margarine	1 each	Banana Pudding Milk	1/2 cup 1 each		



Nourishment through compassionate care.

him Dommest RD, LD

Kim Dommert, RD, LD