

Northeast Louisiana


April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
1	Bowtie Pasta w/Meat Sauce Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	2	Chicken/Sausage Jambalaya Green Peas Tossed Salad Wheat Bread Bread Pudding/Raisin Sauce Milk Margarine Ranch Salad Dressing	1 cup 1/2 cup 1/2 cup 1 slice 1 piece 1 each 1 each 1 each	3	Orange Chicken (Bone-In) Brussels Sprouts Capri Vegetable Blend Dinner Roll Lime Gelatin Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	4	Glazed Ham <i>or</i> Glazed Turkey Breast Baked Sweet Potato Cabbage Cornbread Banana Pudding Milk Margarine	3 oz 3 oz 1 each 1/2 cup 1 piece 1/2 cup 1 each 1 each	5	Sloppy Joe Tater Tot Casserole Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each
8	Picante Chicken Pinto Beans Corn O'Brien Flour Tortilla Seasonal Fruit Milk Sour Cream	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	9	Swedish Meatballs Egg Noodles Herbed Green Beans Cranberry Juice Wheat Bread Diced Pears Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 slice 1/2 cup 1 each 1 each	10	Chicken & Sausage Gumbo Stewed Tomatoes Summer Vegetable Blend Saltine Crackers Pineapple Cake Milk Margarine	1 cup 1/2 cup 1/2 cup 2 pkt 1 piece 1 each 1 each	11	Pork Roast Brown Gravy Whipped Potatoes Collard Greens Cornbread Marble Pudding Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	12	Sliced Turkey Breast <i>or</i> Sliced Ham American Cheese Spinach Salad Coleslaw Wheat Bread Oatmeal Creme Cookie Milk Mayonnaise Ranch Salad Dressing	2.25 oz 2.25 oz 1 oz 1/2 cup 1/2 cup 2 slices 1 each 1 each 1 each 1 each
15	Teriyaki Meatballs <i>or</i> Sweet and Sour Chicken Steamed Rice Japanese Vegetable Blend Cranberry Juice Wheat Bread Banana Moon Pie Milk Margarine	6 each 3/4 cup 1/2 cup 1/2 cup 1 each 1 slice 1 each 1 each 1 each	16	Chicken Tenders Country Gravy Whipped Potatoes Creole Green Beans Dinner Roll Seasonal Fruit Milk Margarine	2 each 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	17	Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mayonnaise Ketchup	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	18	Sliced Ham Steamed Rice Northern Beans Turnip Greens Fruit Blend Juice Cornbread Orange Gelatin Milk Margarine	2 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	19	Chicken Chef Salad Cucumber Salad Mandarin Oranges Saltine Crackers Graham Crackers Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1 pkt 1 each 1 each
22	Meatballs/Spaghetti Sauce Spaghetti Noodles Italian Vegetable Blend Cranberry Juice Dinner Roll Seasonal Fruit Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	23	Barbecue Riblet <i>or</i> Shredded Barbecue Chicken Baked Beans Coleslaw Hamburger Bun Mixed Fruit Crisp Milk	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1/2 cup 1 each	24	Glazed Ham Macaroni and Cheese Mixed Greens Fruit Blend Juice Dinner Roll Pineapple Tidbits Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	25	Chicken and Dumplings Whole Kernel Corn Cabbage Cornbread Strawberry Gelatin Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	26	Beef Burgundy Buttermilk Potatoes Brussels Sprouts Wheat Bread Birthday Cake Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 piece 1 each 1 each
29	Beef Taco Pinto Beans Spring Vegetable Blend Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	30	Sliced Turkey Breast Poultry Gravy Steamed Rice Italian Green Beans Orange Juice Dinner Roll Butterscotch Pudding Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>								

Kim Dommert RD, LD



Northeast Louisiana May 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
				1 Chili Dog Diced Onions <i>or</i> Barbecue Meatballs Baked Beans Coleslaw Hot Dog Bun Apple Cobbler Milk Mustard 1 each 1 tb 6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1/2 cup 1 each 1 each		2 Pork Roast Brown Gravy Garlic Whipped Potatoes Spinach Cornbread Peaches Milk Margarine 3 oz 1 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each		3 Oven Fried Chicken (Bone-In) Rosemary Carrots Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine 1 piece 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each			
		6 Grandma's Chicken and Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Cookie Milk Margarine 1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each 1 each		7 Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayonnaise Mustard 1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each 1 each		8 Smoked Sausage Kidney Beans Steamed Rice Cabbage Cornbread Rice Krispie Treat Milk Margarine 2 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each		9 Spaghetti Casserole Whole Kernel Corn Green Beans Wheat Bread Orange Gelatin Milk Margarine 1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each		10 <i>Mother's Day Meal</i> Baked Chicken (Bone-In) Poultry Gravy Au Gratin Potatoes Broccoli Florets Dinner Roll Banana Pudding w/Wafers Milk Margarine 1 each 1 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1/2 cup 1 each 1 each	
		13 Bowtie Pasta w/Meat Sauce Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine 1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each		14 Chicken/Sausage Jambalaya Green Peas Tossed Salad Wheat Bread Bread Pudding/Raisin Sauce Milk Margarine Ranch Salad Dressing 1 cup 1/2 cup 1/2 cup 1 slice 1 piece 1 each 1 each 1 each 1 each		15 Orange Chicken (Bone-In) Brussels Sprouts Capri Vegetable Blend Dinner Roll Lime Gelatin Milk Margarine 1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each		16 Glazed Ham <i>or</i> Glazed Turkey Breast Baked Sweet Potato Cabbage Cornbread Banana Pudding Milk Margarine 3 oz 3 oz 1 each 1/2 cup 1 piece 1/2 cup 1 each 1 each		17 Sloppy Joe Tater Tot Casserole Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk 1/2 cup 1/2 cup 1 each 1 each 1 each	
		20 Picante Chicken Pinto Beans Corn O'Brien Flour Tortilla Seasonal Fruit Milk Sour Cream 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each		21 Swedish Meatballs Egg Noodles Herbed Green Beans Cranberry Juice Wheat Bread Diced Pears Milk Margarine 6 each 1/2 cup 1/2 cup 1 each 1 each 1 slice 1/2 cup 1 each 1 each		22 Chicken & Sausage Gumbo Stewed Tomatoes Summer Vegetable Blend Saltine Crackers Pineapple Cake Milk Margarine 1 cup 1/2 cup 1/2 cup 2 pkt 1 piece 1 each 1 each		23 Pork Roast Brown Gravy Whipped Potatoes Collard Greens Cornbread Marble Pudding Milk Margarine 3 oz 1 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each		24 <i>Memorial Day Meal</i> Sausage/Onions & Peppers Roasted Potato Medley Corn O'Brien Hot Dog Bun Birthday Cake Milk 1 each 1/2 cup 1/2 cup 1 each 1 piece 1 each	
		27 <i>Closed for Holiday</i>		28 Chicken Tenders Country Gravy Whipped Potatoes Creole Green Beans Dinner Roll Seasonal Fruit Milk Margarine 2 each 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each		29 Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mayonnaise Ketchup 1 each 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each 1 each		30 Sliced Ham Steamed Rice Northern Beans Turnip Greens Fruit Blend Juice Cornbread Orange Gelatin Milk Margarine 2 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each		31 Chicken Chef Salad Cucumber Salad Mandarin Oranges Saltine Crackers Graham Crackers Milk Ranch Salad Dressing 1.5 cup 1/2 cup 1/2 cup 2 pkt 1 pkt 1 each 1 each	

Kim Dommert RD, LD

Northeast Louisiana June 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
3	Meatballs/Spaghetti Sauce Spaghetti Noodles Italian Vegetable Blend Cranberry Juice Dinner Roll Seasonal Fruit Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	4	Barbecue Riblet <i>or</i> Shredded Barbecue Chicken Baked Beans Coleslaw Hamburger Bun Mixed Fruit Crisp Milk	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1/2 cup 1 each	5	Glazed Ham Macaroni and Cheese Mixed Greens Fruit Blend Juice Dinner Roll Pineapple Tidbits Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	6	Chicken and Dumplings Whole Kernel Corn Cabbage Cornbread Strawberry Gelatin Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	7	Beef Burgundy Buttermilk Potatoes Brussels Sprouts Wheat Bread Mississippi Mud Pudding Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each
10	Beef Taco Pinto Beans Spring Vegetable Blend Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	11	Sliced Turkey Breast Poultry Gravy Steamed Rice Italian Green Beans Orange Juice Dinner Roll Butterscotch Pudding Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	12	Chili Dog Diced Onions <i>or</i> Barbecue Meatballs Baked Beans Coleslaw Hot Dog Bun Apple Cobbler Milk Mustard	1 each 1 tb 6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	13	Pork Roast Brown Gravy Garlic Whipped Potatoes Spinach Cornbread Peaches Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	14	Father's Day Meal Smoked Sausage Kidney Beans Steamed Rice Cabbage Dinner Roll Seasonal Fruit Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each
17	Grandma's Chicken and Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	18	Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayonnaise Mustard	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each 1 each	19	Smoked Sausage Kidney Beans Steamed Rice Cabbage Cornbread Rice Krispie Treat Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	20	Spaghetti Casserole Whole Kernel Corn Green Beans Wheat Bread Orange Gelatin Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	21	BBQ Chicken (Bone-In) <i>or</i> BBQ Riblet Cheesy Whipped Potatoes Mixed Greens Dinner Roll Seasonal Fruit Milk Margarine	1 each 1 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each
24	Bowtie Lasagna Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	25	Chicken/Sausage Jambalaya Green Peas Tossed Salad Wheat Bread Bread Pudding/Raisin Sauce Milk Margarine Ranch Dressing	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each 1 each 1 each	26	Orange Chicken (Bone-In) Brussels Sprouts Capri Vegetable Blend Dinner Roll Lime Gelatin Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	27	Glazed Ham <i>or</i> Glazed Turkey Breast Baked Sweet Potato Cabbage Cornbread Banana Pudding Milk Margarine	3 oz 3 oz 1 each 1/2 cup 1 each 1/2 cup 1 each 1 each	28	Sloppy Joe Tater Tot Casserole Whole Kernel Corn Hamburger Bun Birthday Cake Milk	1/2 cup 1/2 cup 1/2 cup 1 each 1 piece 1 each



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