:

Northeast Louisiana

JANUARY 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
TRIO Community Meals Nourishment through				1 Closed for Holiday		Meatballs w/Gravy Garlic Whipped Potatoes Spinach Cornbread Lime Gelatin Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	Swiss Cheese Lettuce Tomato Onion Broccoli Raisin Salad Wheat Bread Oatmeal Crème Cookie Milk	2.25 oz 1 oz 1/2 cup 1/2 cup 2 slices 1 each 1 each
compassionate care.								Mustard Mayonnaise	1 each 1 each
Creole Steak Scalloped Potatoes Sliced Carrots White Bread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each	7 Chicken and Dumplings Lima Beans Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	Meatballs w/Mushroom Gravy or Smothered Chicken (Bone-In) Whipped Potatoes Green Beans Wheat Bread Banana Pudding w/Wafers Milk	6 each 1 piece 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each	9 Sliced Ham Cut Yams Cabbage Cornbread Graham Crackers Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 pkt 1 each 1 each	10 ~Winter Holiday Meal~ Salisbury Steak Brown Gravy	1 each 1 oz 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each
Chicken Noodle Casserole Brussels Sprouts Glazed Carrots Dinner Roll Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each	BBQ Riblet or Beef Patty Baked Beans Coleslaw Hamburger Bun Apple Crisp Milk Ketchup Mayonnaise	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1/2 cup 1 each	Margarine 15 Sliced Turkey Breast Poultry Gravy Garlic Whipped Potatoes Green Peas Wheat Roll Banana Moon Pie Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each	Chicken & Sausage Gumbo Stewed Tomatoes Summer Vegetables Saltine Crackers Orange Gelatin Milk	1 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each	Whole Kernel Corn Saltine Crackers	1 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each 1 each
20 Closed for Holiday		Spaghetti Casserole Italian Vegetables Whole Kernel Corn Texas Bread Applesauce Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	New! Bourbon Chicken (Bone-In) Hawaiian Baked Beans Brussels Sprouts Wheat Bread Strawberry Gelatin Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each		1 each 1/2 cup 1/2 cup 1 each 1 each 1 each		1/2 cup 1/2 cup 1/2 cup 1/2 cup 2 slice 1 piece 1 each
Beef Santa Fe Stew Whole Kernel Corn Cauliflower & Carrots Tortilla Chips Graham Crackers Milk Sour Cream	1 cup 1/2 cup 1/2 cup 1 oz 1 pkt 1 each 1 each	Chicken Tenders Macaroni & Cheese Spinach Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine Ketchup	2 each 1/2 cup 1/2 cup 1 each 1 slice 1 each 1 each 1 each 1 each	Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Hot Cinnamon Applesauce Milk Ketchup Mayonnaise	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	Pork Roast Brown Gravy Country Potatoes Cabbage Cornbread Seasonal Fruit Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each		1 cup 1/2 cup 1/2 cup 1/2 cup 1 slice 1 piece 1 each 1 each

Lin Donnert RD, UD



Northeast Louisiana

F E B R U A R Y **2025**



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Nourishment through compassionate care.

Beef Stew ashed Red Potatoes Garden Vegetables Saltine Crackers Rice Krispie Treat Milk Margarine icken Rice Casserole Spring Vegetables	1 cup 1/2 cup 1/2 cup 2 pkt 1 each 1 each 1 each	Chicken Fried Steak Country Gravy Chuckwagon Corn Green Bean Salad Wheat Bread Pineapple Crisp Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	Sliced Ham Black-eyed Peas Collard Greens Cornbread Butterscotch Pudding Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	Oven Fried Chicken (Bone-In) Ranch Potatoes Herbed Green Peas Wheat Bread Seasonal Fruit Milk Margarine	1 piece 1/2 cup 1/2 cup 1 slice 1 each 1 each	Sliced Turkey Breast or Sliced Ham Swiss Cheese Lettuce Tomato Onion Broccoli Salad White Bread Fig Bar Cookie	2.25 oz 2.25 oz 1 oz 1/2 cup 1/2 cup 2 slices 1 each
ashed Red Potatoes Garden Vegetables Saltine Crackers Rice Krispie Treat Milk Margarine	1/2 cup 1/2 cup 2 pkt 1 each 1 each 1 each	Country Gravy Chuckwagon Corn Green Bean Salad Wheat Bread Pineapple Crisp Milk	1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each	Black-eyed Peas Collard Greens Cornbread Butterscotch Pudding Milk	1/2 cup 1/2 cup 1 each 1/2 cup 1 each	Ranch Potatoes Herbed Green Peas Wheat Bread Seasonal Fruit Milk	1/2 cup 1/2 cup 1 slice 1 each 1 each	or Sliced Ham Swiss Cheese Lettuce Tomato Onion Broccoli Salad White Bread	2.25 o: 1 oz 1/2 cu _l 1/2 cu _l 2 slice:
Sarden Vegetables Saltine Crackers Rice Krispie Treat Milk Margarine	1/2 cup 2 pkt 1 each 1 each 1 each	Chuckwagon Corn Green Bean Salad Wheat Bread Pineapple Crisp Milk	1/2 cup 1/2 cup 1 slice 1/2 cup 1 each	Collard Greens Cornbread Butterscotch Pudding Milk	1/2 cup 1 each 1/2 cup 1 each	Herbed Green Peas Wheat Bread Seasonal Fruit Milk	1/2 cup 1 slice 1 each 1 each	Sliced Ham Swiss Cheese Lettuce Tomato Onion Broccoli Salad White Bread	1 oz 1/2 cu 1/2 cu 2 slice
Saltine Crackers Rice Krispie Treat Milk Margarine icken Rice Casserole	2 pkt 1 each 1 each 1 each	Green Bean Salad Wheat Bread Pineapple Crisp Milk	1/2 cup 1 slice 1/2 cup 1 each	Cornbread Butterscotch Pudding Milk	1 each 1/2 cup 1 each	Wheat Bread Seasonal Fruit Milk	1 slice 1 each 1 each	Swiss Cheese Lettuce Tomato Onion Broccoli Salad White Bread	1 oz 1/2 cu 1/2 cu 2 slice
Rice Krispie Treat Milk Margarine icken Rice Casserole	1 each 1 each 1 each	Wheat Bread Pineapple Crisp Milk	1 slice 1/2 cup 1 each	Butterscotch Pudding Milk	1/2 cup 1 each	Seasonal Fruit Milk	1 each 1 each	Lettuce Tomato Onion Broccoli Salad White Bread	1/2 cu 1/2 cu 2 slice
Milk Margarine icken Rice Casserole	1 each 1 each	Pineapple Crisp Milk	1/2 cup 1 each	Milk	1 each	Milk	1 each	Broccoli Salad White Bread	1/2 cu 2 slice
Margarine icken Rice Casserole	1 each	Milk	1 each					White Bread	2 slice
icken Rice Casserole	11			Margarine	1 each	Margarine	1 each		
		Margarine	1 each	G		J		Fig Day Caalda	1 000
								Fig Bar Cookie	1 1 690
								Milk	1 eac
								Mayonnaise	1 eac
				12		13		14	
Spring Vegetables	1 cup	Beef Patty	1 each	Chicken Tenders	2 each	Smoked Sausage	2 each	Turkey Tetrazzini	1 cup
DITTE VERELABIES	1/2 cup	Corn O'Brien	1/2 cup	Country Gravy	1 oz	Red Kidney Beans	1/2 cup	or	'
Green Peas	1/2 cup	Carrot Raisin Salad	1/2 cup	Whipped Potatoes	1/2 cup	Steamed Rice	1/2 cup	Macaroni & Cheese	1 cup
Wheat Bread	1 slice	Hamburger Bun	1 each	Lima Beans	1/2 cup	Collard Greens	1/2 cup	Green Beans	1/2 cu
tmeal Creme Cookie	1 each	Mixed Fruit Crisp	1/2 cup	Wheat Bread	1 slice	Cornbread	1 each	Glazed Carrots	1/2 cu
Milk	1 each	Milk	1 each	Strawberry Swirl Pudding	1/2 cup	Seasonal Fruit	1 each	Dinner Roll	1 eac
Margarine	1 each	Ketchup	1 each		1 each	Milk	1 each	Seasonal Fruit	1 eacl
					1 each		1 each		1 each
	18			19					
Creole Steak	1 each	Chicken and Dumplings	1 cup	Meatballs w/Mushroom Gravy	6 each	Sliced Ham	3 oz	Chicken Chef Salad	1.5 cu
calloped Potatoes	1/2 cup	Lima Beans	1/2 cup	or		Cut Yams	1/2 cup	Cucumber Tomato Salad	1/2 cu
Sliced Carrots	1/2 cup	Whole Kernel Corn	1/2 cup	Smothered Chicken (Bone-In)	1 piece	Cabbage	1/2 cup	Saltine Crackers	4 pkt
White Bread	1 slice	Wheat Bread	1 slice	Whipped Potatoes	1/2 cup	Cornbread	1 each	Mixed Fruit	1/2 cu
Seasonal Fruit	1 each	Seasonal Fruit	1 each	Green Beans	1/2 cup	Graham Crackers	1 pkt	Milk	1 each
Milk	1 each	Milk	1 each	Wheat Bread	1 slice	Milk	1 each	Ranch Salad Dressing	1 eacl
Margarine	1 each	Margarine	1 each	Banana Pudding w/Wafers	1/2 cup	Margarine	1 each		
•		•		Milk	1 each				
				Margarine	1 each				
	25			26		27		28	
ken Noodle Casserole	1 cup	BBQ Riblet	1 each	Sliced Turkey Breast	3 oz	Chicken & Sausage Gumbo	1 cup		1 cup
Brussels Sprouts	1/2 cup	or		Poultry Gravy	1 oz	Stewed Tomatoes	1/2 cup	Oven Roasted Potato Medley	1/2 cu
Glazed Carrots	1/2 cup	Beef Patty	1 each	Garlic Whipped Potatoes	1/2 cup	Summer Vegetables	1/2 cup	Whole Kernel Corn	1/2 cu
Dinner Roll	1 each	Baked Beans	1/2 cup	Green Peas	1/2 cup	Saltine Crackers	2 pkt	Saltine Crackers	2 pkt
Seasonal Fruit	1 each	Coleslaw	1/2 cup	Wheat Roll	1 each	Orange Gelatin	1/2 cup	Birthday Cake	1 piec
Milk	1 each	Hamburger Bun	1 each	Banana Moon Pie	1 each	Milk	1 each	Milk	1 eac
Margarine	1 each	Apple Crisp	1/2 cup	Milk	1 each			Margarine	1 eac
		Milk	1 each	Margarine	1 each				
			1 each	- 0					
-	tmeal Creme Cookie Milk Margarine Creole Steak Scalloped Potatoes Sliced Carrots White Bread Seasonal Fruit Milk Margarine ken Noodle Casserole Brussels Sprouts Glazed Carrots Dinner Roll Seasonal Fruit Milk	tmeal Creme Cookie	tmeal Creme Cookie Milk Margarine Creole Steak Calloped Potatoes Sliced Carrots White Bread Seasonal Fruit Milk Margarine 1 each Milk Chicken and Dumplings Lima Beans Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine 1 each Margarine 25 BBQ Riblet Whate BBQ Riblet Or Brussels Sprouts Seasonal Fruit Dinner Roll Seasonal Fruit Milk Margarine 1 cup Brussels Sprouts 1/2 cup Dinner Roll Seasonal Fruit 1 each Milk Margarine 1 each Milk 1 each Margarine Apple Crisp	tmeal Creme Cookie 1 each Milk Mixed Fruit Crisp Milk 1/2 cup Milk 1/2 cup Leach Milk 1 each Milk 1/2 cup Leach Milk 1 each Leach 1/2 cup Leach Milk 1 each 1/2 cup Leach Milk 1 each 1/2 cup Leach Milk 1 cup Leach 1/2 cup Leach Mole Kernel Corn 1/2 cup Leach Whole Kernel Corn 1/2 cup Leach Wheat Bread 1 slice Seasonal Fruit 1 each Milk 1 each Milk 1 each Milk 1 each Margarine 1 each Margarine 1 each Margarine 1 each Margarine 1 each Each Margarine 1 each Each Margarine 1 each E	Wheat Bread treach Creme Cookie 1 each Milk Margarine 1 cup Mhole Kernel Corn Milk 1 each Margarine 1 each Margarine 1 each Milk 1 each Margarine 1 each Milk 1 each Margarine 1	Wheat Bread tread (Creme Cookie Mixed Fruit Crisp Milk 1 slice Milk Hamburger Bun Mik Mik 1 each Milk Lima Beans Milk Meat Bread 1/2 cup Meat Bread 1 slice Milk Milk Lima Beans 1/2 cup Milk Milk 1 slice Milk Margarine Strawberry Swirl Pudding 1/2 cup Milk Milk 1 each Margarine Margarine 1 slice Milk Milk Margarine 1 each Margarine Margarine 1 each Margarine 1 each Milk Margarine 1 each Milk Margarine 1 each Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Means Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine 1 piece Milk Margarine Meatballs w/Mushroom Gravy Or 6 each Margarine 1 piece Milk Margarine	Wheat Bread treed Cookie treed Creme Cookie Milk 1 each Margarine 1 each Milk 1 each Calloped Potatoes 1/2 cup Whoe Bread 1 slice Strawberry Swirl Pudding 1/2 cup Milk 1 each Margarine 1 each Calloped Potatoes 1/2 cup Whoe Kernel Corn 1/2 cup White Bread 1 slice Seasonal Fruit 1 each Milk 1 each Margarine 1 each Margarine 1 each Margarine 1 each Milk 1 each Milk 1 each Milk 1 each Margarine 1 each Milk 1 each Margarine 1 each Milk 1 each Mi	Wheat Bread treed Creme Cookie 1 each 1 each Milk 1 each Margarine 1 each Margari	Margarine

Lin Dommest RD, LD



Scalloped Potatoes

Sliced Carrots

White Bread

Seasonal Fruit

Milk

Margarine

1/2 cup

1/2 cup

1 slice

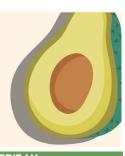
1 each

1 each

1 each

2025

MARCH Northeast Louisiana



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4	<u>-</u>		5 ~Ash Wednesday~		6		7	
	New! Citrus Moio Chicken	1/2 cup	Spaghetti Casserole	1 cup	Shrimp Creole	1 cup	Swiss Steak	1 each		1/2 cup
	Country Potatoes	1/2 cup	Italian Vegetables	1/2 cup	or		Delmonico Potatoes	1/2 cup		
	Broccoli & Carrots	1/2 cup	Whole Kernel Corn	1/2 cup	Creole Chicken	1 each	Cabbage	1/2 cup	Chicken Salad	1/2 cup
	Hamburger Bun	1 each	Texas Bread	1 slice	Steamed Rice	1/2 cup	Cornbread	1 each	Lettuce Tomato	1/2 cup
l .	Fudge Creme Cookie	1 each	Applesauce	1/2 cup	Green Peas	1/2 cup	Seasonal Fruit	1 each	Pineapple Carrot Salad	1/2 cup
	Milk	1 each	Milk	1 each	Cranberry Juice	1 each	Milk	1 each	Wheat Bread	2 slice
			Margarine	1 each	Dinner Roll	1 each	Margarine	1 each	Glazed Lemon Cake	1 piece
					Cinnamon Cake	1 piece			Milk	1 each
					Milk	1 each				
					Margarine	1 each				
10		1	11		12		13		14	
	Beef Santa Fe Stew	1 cup	Chicken Tenders	2 each	Beef Patty	1 each	Pork Roast	3 oz	Chicken & Sausage Jambalaya	1 cup
	Whole Kernel Corn	1/2 cup	Macaroni & Cheese	1/2 cup	Lettuce Tomato Pickle	1/2 cup	Brown Gravy	1 oz	or	
	Cauliflower & Carrots	1/2 cup	Spinach	1/2 cup	Baked Beans	1/2 cup	Country Potatoes	1/2 cup	Spinach Lasagna	1 cup
	Tortilla Chips	1 oz	Cranberry Juice	1 each	Hamburger Bun	1 each	Cabbage	1/2 cup	Brussels Sprouts	1/2 cup
	Graham Crackers	1 pkt	Wheat Bread	1 slice	Hot Cinnamon Applesauce	1/2 cup	Cornbread	1 each	Green Beans	1/2 cup
	Milk	1 each	Seasonal Fruit	1 each	Milk	1 each	Seasonal Fruit	1 each	Wheat Bread	1 slice
	Sour Cream	1 each	Milk	1 each	Ketchup	1 each	Milk	1 each	Mississippi Mud Pudding	1/2 cup
			Margarine	1 each	Mayonnaise	1 each	Margarine	1 each		1 each
			Ketchup	1 each	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		B		Margarine	1 each
17		1	18		19		20		21 ~Lenten Meal~	
	Beef Stew	1 cup	Chicken Fried Steak	1 each	Sliced Ham	3 oz	Oven Fried Chicken (Bone-In)	1 piece	Krab Cake	1 each
	Mashed Red Potatoes	1/2 cup	Country Gravy	1 oz	Black-eyed Peas	1/2 cup	Ranch Potatoes	1/2 cup	or	
	Garden Vegetables	1/2 cup	Chuckwagon Corn	1/2 cup	Collard Greens	1/2 cup	Herbed Green Peas	1/2 cup	BBQ Riblet	1 each
	Saltine Crackers	2 pkt	Green Bean Salad	1/2 cup	Cornbread	1 each	Wheat Bread	1 slice	O'Brien Potatoes	1/2 cup
	Rice Krispie Treat	1 each	Wheat Bread	1 slice	Butterscotch Pudding	1/2 cup	Seasonal Fruit	1 each	Herbed Green Beans	1/2 cup
	Milk	1 each	Pineapple Crisp	1/2 cup	Milk	1 each	Milk	1 each	Hamburger Bun	1 each
	Margarine	1 each	Milk	1 each	Margarine	1 each	Margarine	1 each	Mixed Fruit	1/2 cup
	u u		Margarine	1 each	B				Milk	1 each
			<u>u</u>						Tartar Sauce	1 each
24		2	25		26		27		28	
	Chicken Rice Casserole	1 cup	Beef Patty	1 each	Chicken Tenders	2 each	Smoked Sausage	2 each	Turkey Tetrazzini	1 cup
	Spring Vegetables	1/2 cup	Corn O'Brien	1/2 cup	Country Gravy	1 oz	Red Kidney Beans	1/2 cup	or	
	Green Peas	1/2 cup	Carrot Raisin Salad	1/2 cup	Whipped Potatoes	1/2 cup	Steamed Rice	1/2 cup	Macaroni & Cheese	1 cup
	Wheat Bread	1 slice	Hamburger Bun	1 each	Lima Beans	1/2 cup	Collard Greens	1/2 cup	Green Beans	1/2 cup
	Oatmeal Creme Cookie	1 each	Mixed Fruit Crisp	1/2 cup	Wheat Bread	1 slice	Cornbread	1 each	Glazed Carrots	1/2 cup
	Milk	1 each	Milk	1 each	Strawberry Swirl Pudding	1/2 cup	Seasonal Fruit	1 each	Dinner Roll	1 each
	Margarine	1 each	Ketchup	1 each	Milk	1 each	Milk	1 each	Birthday Cake	1 piece
	-		•		Margarine	1 each	Margarine	1 each	Milk	1 each
					_				Margarine	1 each
31										
	Creole Steak	1 each								
. 1		1.10								



Lim Dommest RD, LD