


# Northeast Louisiana July 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
 Nourishment through compassionate care.				<b>1</b> Sloppy Joe Potato Wedges Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk		<b>2</b> ~Independence Day Meal~ BBQ Riblette Ranch Beans Coleslaw Hamburger Bun Apple Cobbler Milk		<b>3</b> Closed for Holiday	
<b>6</b> Scalloped Chicken Casserole Brussels Sprouts Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine		<b>7</b> Glazed Ham Scalloped Potatoes Cabbage Whole Wheat Roll Shortbread Cookies Milk Margarine		<b>8</b> Sliced Turkey Breast Swiss Cheese Lettuce   Tomato   Onion   Pickle Broccoli Raisin Salad Wheat Bread Banana Pudding w /Wafers Milk Mayonnaise		<b>9</b> Smothered Chicken (Bone-In) Candied Spiced Yams Collard Greens Cornbread Seasonal Fruit Milk Margarine		<b>10</b> Sloppy Joe or Shredded BBQ Chicken Whole Kernel Corn Green Beans Hamburger Bun Strawberry Fruited Gelatin Milk	
<b>13</b> Meatballs w/Spaghetti Sauce Spaghetti Noodles Broccoli Florets Cauliflower Garlic Texas Bread Seasonal Fruit Milk		<b>14</b> Chicken & Sausage Jambalaya Black-eyed Peas Stewed Tomatoes Cornbread Butterscotch Pudding Milk Margarine		<b>15</b> Pork Roast Brown Gravy Steamed Rice Spinach Cranberry Juice Dinner Roll Banana Moon Pie Milk Margarine		<b>16</b> Fajita Chicken or Taco Meat Pinto Beans Corn O'Brien Flour Tortilla Lime Gelatin Milk Sour Cream   Taco Sauce		<b>17</b> Beef Patty Lettuce   Tomato   Pickle Hashbrown Casserole Hamburger Bun Tropical Fruit Crisp Milk Ketchup   Mayonnaise	
<b>20</b> Beef Pot Pie Lima Beans Glazed Carrots Texas Bread Seasonal Fruit Milk Margarine		<b>21</b> Smoked Sausage Red Kidney Beans Steamed Rice Mixed Greens Cornbread Seasonal Fruit Milk Margarine		<b>22</b> Chicken Tenders or BBQ Riblet Delmonico Potatoes Brussels Sprouts Whole Wheat Roll Chocolate Pudding Milk Margarine Ketchup		<b>23</b> Sweet & Sour Meatballs Fried Rice Japanese Vegetables Orange Juice Dinner Roll Oatmeal Creme Cookie Milk Margarine		<b>24</b> Chicken Salad Potato Salad Coleslaw Wheat Bread Birthday Cake Milk	
<b>27</b> Beef & Penne Casserole Whole Kernel Corn Green Beans w/ Peppers Garlic Texas Bread Seasonal Fruit Milk Margarine		<b>28</b> Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pound Cake Milk Margarine		<b>29</b> Beef Patty Brown Gravy Garlic Whipped Potatoes Broccoli Florets Wheat Bread Lemon Berry Pudding Milk Margarine		<b>30</b> Chicken and Dumplings Green Peas Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine		<b>31</b> Pork Roast or BBQ Chicken Breast Mashed Spiced Yams Cabbage Cornbread Rice Krispie Treat Milk Margarine	

*Kim Dommert RD, LD*

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# Northeast Louisiana August 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY																																																														
<b>3</b>	Grandma's Chicken & Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>4</b>	BBQ Riblet Sweet Potato Wedges Brussels Sprouts Hamburger Bun Seasonal Fruit Milk	1 each 1/2 cup 1/2 cup 1 each 1 each 1 each	<b>5</b>	Country Fried Steak Country Gravy or Smothered Meatballs Cheese Potatoes Okra & Tomatoes Texas Bread Fruit Whip Milk Margarine	1 each 1 oz 6 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	<b>6</b>	Sliced Ham Black-eyed Peas Collard Greens Cornbread Mississippi Mud Pudding Milk Margarine	3.5 Oz 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	<b>7</b>	~Summer Grill~ Shredded BBQ Chicken Baked Beans Coleslaw Hamburger Bun Peach Crisp Milk	1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each	<b>10</b>	Swiss Steak Ranch Potatoes Succotash Texas Bread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>11</b>	Orange Turkey Steamed Rice Japanese Vegetables Cranberry Juice Whole Wheat Roll Rice Krispie Treat Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>12</b>	Chicken Tenders or Zesty Meatballs Oven Roasted Potato Medley Green Peas Whole Wheat Roll Orange Gelatin Milk Margarine BBQ Sauce	2 each 6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	<b>13</b>	Chicken Chef Salad Green Pea Salad Cucumber Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each 1 each	<b>14</b>	Taco Meat Shredded Cheese Lettuce   Tomato Ranch Beans Flour Tortilla Tropical Fruit Crisp Milk Taco Sauce	4 ounce 1 ounce 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	<b>17</b>	Scalloped Chicken Casserole Brussels Sprouts Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>18</b>	Glazed Ham Scalloped Potatoes Cabbage Whole Wheat Roll Shortbread Cookies Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>19</b>	Sliced Turkey Breast Swiss Cheese Lettuce   Tomato   Onion   Pickle Broccoli Raisin Salad Wheat Bread Banana Pudding w /Wafers Milk Mayonnaise	2.25 oz 1 oz 1/2 cup 1/2 cup 1/2 cup 2 slices 1/2 cup 1 each 1 each	<b>20</b>	Smothered Chicken (Bone-In) Candied Spiced Yams Collard Greens Cornbread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	<b>21</b>	Sloppy Joe or Shredded BBQ Chicken Whole Kernel Corn Green Beans Hamburger Bun Birthday Cake Milk	1/2 cup 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each	<b>24</b>	Meatballs w/Spaghetti Sauce Spaghetti Noodles Broccoli Florets Cauliflower Garlic Texas Bread Seasonal Fruit Milk	6 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each	<b>25</b>	Chicken & Sausage Jambalaya Black-eyed Peas Stewed Tomatoes Cornbread Butterscotch Pudding Milk Margarine	1 cup 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each 1 each	<b>26</b>	Pork Roast Brown Gravy Steamed Rice Spinach Cranberry Juice Dinner Roll Banana Moon Pie Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>27</b>	Fajita Chicken or Taco Meat Pinto Beans Corn O'Brien Flour Tortilla Lime Gelatin Milk Sour Cream   Taco Sauce	1/2 cup 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	<b>28</b>	Beef Patty Lettuce   Tomato   Pickle Hashbrown Casserole Hamburger Bun Tropical Fruit Crisp Milk Ketchup   Mayonnaise	1 each 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each	<b>31</b>	Beef Pot Pie Lima Beans Glazed Carrots Texas Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each								
<b>10</b>	Swiss Steak Ranch Potatoes Succotash Texas Bread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>11</b>	Orange Turkey Steamed Rice Japanese Vegetables Cranberry Juice Whole Wheat Roll Rice Krispie Treat Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>12</b>	Chicken Tenders or Zesty Meatballs Oven Roasted Potato Medley Green Peas Whole Wheat Roll Orange Gelatin Milk Margarine BBQ Sauce	2 each 6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	<b>13</b>	Chicken Chef Salad Green Pea Salad Cucumber Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each 1 each	<b>14</b>	Taco Meat Shredded Cheese Lettuce   Tomato Ranch Beans Flour Tortilla Tropical Fruit Crisp Milk Taco Sauce	4 ounce 1 ounce 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	<b>17</b>	Scalloped Chicken Casserole Brussels Sprouts Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>18</b>	Glazed Ham Scalloped Potatoes Cabbage Whole Wheat Roll Shortbread Cookies Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>19</b>	Sliced Turkey Breast Swiss Cheese Lettuce   Tomato   Onion   Pickle Broccoli Raisin Salad Wheat Bread Banana Pudding w /Wafers Milk Mayonnaise	2.25 oz 1 oz 1/2 cup 1/2 cup 1/2 cup 2 slices 1/2 cup 1 each 1 each	<b>20</b>	Smothered Chicken (Bone-In) Candied Spiced Yams Collard Greens Cornbread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	<b>21</b>	Sloppy Joe or Shredded BBQ Chicken Whole Kernel Corn Green Beans Hamburger Bun Birthday Cake Milk	1/2 cup 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each	<b>24</b>	Meatballs w/Spaghetti Sauce Spaghetti Noodles Broccoli Florets Cauliflower Garlic Texas Bread Seasonal Fruit Milk	6 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each	<b>25</b>	Chicken & Sausage Jambalaya Black-eyed Peas Stewed Tomatoes Cornbread Butterscotch Pudding Milk Margarine	1 cup 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each 1 each	<b>26</b>	Pork Roast Brown Gravy Steamed Rice Spinach Cranberry Juice Dinner Roll Banana Moon Pie Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>27</b>	Fajita Chicken or Taco Meat Pinto Beans Corn O'Brien Flour Tortilla Lime Gelatin Milk Sour Cream   Taco Sauce	1/2 cup 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	<b>28</b>	Beef Patty Lettuce   Tomato   Pickle Hashbrown Casserole Hamburger Bun Tropical Fruit Crisp Milk Ketchup   Mayonnaise	1 each 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each	<b>31</b>	Beef Pot Pie Lima Beans Glazed Carrots Texas Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each																							
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# Northeast Louisiana September 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
		<b>1</b>	Smoked Sausage Red Kidney Beans Steamed Rice Mixed Greens Cornbread Seasonal Fruit Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 piece 1 each 1 each 1 each	<b>2</b>	Chicken Tenders <i>or</i> BBQ Riblet Delmonico Potatoes Brussels Sprouts Whole Wheat Roll Chocolate Pudding Milk Margarine Ketchup	2 each  1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	<b>3</b>	Sweet & Sour Meatballs Fried Rice Japanese Vegetables Orange Juice Dinner Roll Oatmeal Creme Cookie Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	<b>4</b>	<i>~Labor Day Meal~</i> Beef Hot Dog Baked Beans Coleslaw Hot Dog Bun Bread Pudding Milk Mustard   Ketchup	1 each 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	
		<b>7</b>	<i>Closed for Holiday</i>	<b>8</b>	Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pound Cake Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 2 pkt 1 slice 1/2 cup 1 each	<b>9</b>	Beef Patty Brown Gravy Garlic Whipped Potatoes Broccoli Florets Wheat Bread Lemon Berry Pudding Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	<b>10</b>	Chicken and Dumplings Green Peas Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	<b>11</b>	Pork Roast <i>or</i> BBQ Chicken Breast Mashed Spiced Yams Cabbage Cornbread Rice Krispie Treat Milk Margarine
<b>14</b>	Grandma's Chicken & Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>15</b>	BBQ Riblet Sweet Potato Wedges Brussels Sprouts Hamburger Bun Seasonal Fruit Milk	1 each 1/2 cup 1/2 cup 1 each 1 each 1 each	<b>16</b>	Country Fried Steak Country Gravy <i>or</i> Smothered Meatballs Cheese Potatoes Okra & Tomatoes Texas Bread Fruit Whip Milk Margarine	1 each 1 oz  6 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	<b>17</b>	Sliced Ham Black-eyed Peas Collard Greens Cornbread Mississippi Mud Pudding Milk Margarine	3.5 Oz 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	<b>18</b>	Chicken Pasta Salad Cucumber & Tomato Salad Beet Salad Saltine Crackers Birthdays Cake Milk	1 cup 1/2 cup 1/2 cup 2 pkt 1 each 1 each
<b>21</b>	Swiss Steak Ranch Potatoes Succotash Texas Bread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	<b>22</b>	Orange Turkey Steamed Rice Japanese Vegetables Cranberry Juice Whole Wheat Roll Rice Krispie Treat Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	<b>23</b>	Chicken Tenders <i>or</i> Zesty Meatballs Oven Roasted Potato Medley Green Peas Whole Wheat Roll Orange Gelatin Milk Margarine BBQ Sauce	2 each  6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	<b>24</b>	Chicken Chef Salad Green Pea Salad Cucumber Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each 1 each	<b>25</b>	Taco Meat Shredded Cheese Lettuce   Tomato Ranch Beans Flour Tortilla Tropical Fruit Crisp Milk Taco Sauce	4 ounce 1 ounce 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each
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