



Northeast Louisiana

September 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY					
 TRIO Community Meals Nourishment through compassionate care.		1	Smoked Sausage Red Kidney Beans Steamed Rice Mixed Greens Cornbread Seasonal Fruit Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 piece 1 each 1 each 1 each	2	Chicken Tenders Delmonico Potatoes Brussels Sprouts Whole Wheat Roll Chocolate Pudding Milk Margarine Ketchup	2 each 1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	3	Sweet & Sour Meatballs Fried Rice Japanese Vegetables Orange Juice Dinner Roll Oatmeal Creme Cookie Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	4	<i>~Labor Day Meal~</i> Beef Hot Dog Baked Beans Coleslaw Hot Dog Bun Bread Pudding Milk Mustard Ketchup	1 each 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each
7 <i>Closed for Holiday</i>		8	Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pound Cake Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 2 pkt 1 slice 1/2 cup 1 each	9	Beef Patty Brown Gravy Garlic Whipped Potatoes Broccoli Florets Wheat Bread Lemon Berry Pudding Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	10	Chicken and Dumplings Green Peas Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	11	Pork Roast Mashed Spiced Yams Cabbage Cornbread Rice Krispie Treat Milk Margarine	3 oz 1 each 1/2 cup 1/2 cup 1 piece 1 each 1 each 1 each
14 Grandma's Chicken & Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Cookie Milk Margarine		1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	15 BBQ Riblet Sweet Potato Wedges Brussels Sprouts Hamburger Bun Seasonal Fruit Milk	1 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	16 Country Fried Steak Country Gravy Cheese Potatoes Okra & Tomatoes Texas Bread Fruit Whip Milk Margarine	1 each 1 oz 6 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	17 Sliced Ham Black-eyed Peas Collard Greens Cornbread Mississippi Mud Pudding Milk Margarine	3.5 Oz 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	18 Chicken Pasta Salad Cucumber & Tomato Salad Beet Salad Saltine Crackers Birthday Cake Milk	1 cup 1/2 cup 1/2 cup 2 pkt 1 each 1 each			
21 Swiss Steak Ranch Potatoes Succotash Texas Bread Seasonal Fruit Milk Margarine		1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	22 Orange Turkey Steamed Rice Japanese Vegetables Cranberry Juice Whole Wheat Roll Rice Krispie Treat Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	23 Zesty Meatballs Oven Roasted Potato Medley Green Peas Whole Wheat Roll Orange Gelatin Milk Margarine BBQ Sauce	2 each 6 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	24 Chicken Chef Salad Green Pea Salad Cucumber Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each 1 each	25 Taco Meat Shredded Cheese Lettuce Tomato Ranch Beans Flour Tortilla Tropical Fruit Crisp Milk Taco Sauce	4 ounce 1 ounce 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each			
28 Scalloped Chicken Casserole Brussels Sprouts Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine		1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	29 Glazed Ham Scalloped Potatoes Cabbage Whole Wheat Roll Shortbread Cookies Milk Margarine	3.5 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	30 Sliced Turkey Breast Swiss Cheese Lettuce Tomato Onion Pickle Broccoli Raisin Salad Wheat Bread Banana Pudding w /Wafers Milk Mayonnaise	2.25 oz 1 oz 1/2 cup 1/2 cup 2 slices 1/2 cup 1 each 1 each							

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